

WHAT TO PACK!

PACKING LIST

It is important that students can carry their own luggage – so pack accordingly

Most students have found that using a hockey bag is helpful.

- Sleeping bag, pillow
- Extra blankets or extra sleeping bag
- 2 pair of long pants – track pants work best
- 1 long sleeved t shirt
- 1 sweatshirt
- Students may need a jacket depending on forecast
- Shorts and t shirts
- Water shoes/ flip flops or crocs for water activities
- 6 pair of socks
- **2 pair of shoes**
- Rubber boots / rain poncho if the weather forecasts rain
- Swimming towel
- Bathing suit
- Toiletries – shampoo, brush, soap, toothpaste, toothbrush, deodorant, personal toiletries, towel, wash cloth etc. ***Students must hand in all medications they bring to their teacher prior to departure***
- Chap Stick – lips chap quickly at camp
- Sunscreen
- Hat
- Insect repellent
- Flashlight
- 2 garbage bags – one for wet /dirty clothes, and one to keep items dry

No cell phones, radios, ipods etc. Permitted!!!!